

Guide to Finding Your Life's Purpose

Thank you so much for downloading your Guide to Finding Your Life's Purpose!

“Having a purpose is the difference between making a living and making a life.”

Tom Thiss knew what he was talking about. Knowing your purpose in life gives you that frame to hold up against your decisions and see if the view is the one you want.

I'm Debbie Burns, and I have a story for you.

A few years ago, I realized I needed a new purpose. While I was happy with my life, I knew I could make it better! I had a thriving business, but it took me away from my family too much. I was ok financially, but nervous because I knew I didn't have enough set aside for retirement. My health was ok, but I knew it could be so much better. I enjoy helping people, but I didn't feel I was in a position to do enough or to reach enough people. I wasn't satisfied with the picture my life created, and I didn't have a frame for it.

What is Your Life's Purpose?



Your story may be a lot like mine.

Maybe your life is just fine, but you're looking for more. Or maybe you've raised your kids and are facing your empty nester years. Or maybe you've put so much into a career that you're just not passionate about anymore.

You need to know what you're passionate about. You need to know what belief gives you clarity and focus. What cause will drive you to succeed at any cost?



Knowing your Life Purpose won't just propel you forward.

It will draw the RIGHT people to you to make your dreams reality! You become one of those lucky people that good things just happen for.

This Guide is your first step toward finding your Life Purpose! I have some questions here to help you find your Life Purpose and begin to live your life passionately again! These questions helped me to find MY passion. In fact – this infographic is part of my vision to help as many people as possible.

Really think about each question as you answer them. They will help you to create a vision of what you truly want your life to look like.

This works best if you print it out and then fill in your answers. The act of physically writing your answers down will help you to think the questions through and find your passion!

1. Who you are [your name] – duh... it's really that easy, LOL!

2. What do you do? What do you do that you love to do? When you feel great about yourself, what are you doing? Do you feel joy when you write, cook, teach? Does analyzing, strategizing, or designing make your smile widest? List anything that you do that you love. Then, circle what you feel is your unique gift – what you feel you're qualified to teach someone else.

3. Who do you do it for? You may come up with a few answers here, too... but narrow it down to just one or two. For example, you might do things for your parents, your children or spouse. Or, you might use your gifts to help entrepreneurs, corporations, charities, healthcare, or something else entirely.

4. Using your answer from Question 3, what do they want and need? Jot down just one or two words here.

5. Now, think about how they change as a result of what you give them? Does it make them happy? Does it educate them? Does it help someone do their job better? Does it make them healthier in some way?

How do you feel now?

Do you have a vision in your mind of what you want your life to look like? I bet you're feeling pretty good right now... and you SHOULD!! You're ahead of most people.

Most people spend their entire life wondering what their purpose is. But others live their purpose.

People who live their life purpose get out of bed ready to face anything and make their mark on the world! Their life purpose gives them the confidence to take on new challenges. They build a life for themselves that serves them and their loved ones. They build legacies.

Now that you know your purpose, how will you live it?

