



Miracle Salve Recipe

Soothes irritated skin, muscles, headaches & fevers

Ingredients:

- 1 cup Coconut Oil
- 1 cup Olive Oil
- 5 Tbsp beeswax pastilles
- 40 drops doTERRA lavender essential oil
- 40 drops doTERRA rosemary essential oil
- 40 drops doTERRA peppermint essential oil
- 40 drop doTERRA copaiba essential oil
- Few drops of Vitamin E (optional)
- 8, 2oz. Containers

Directions: Slowly melt coconut oil, olive oil, & beeswax in a double boiler stirring frequently. Add Vitamin E (if using) and 5 drops of each essential oil to each 2oz container (each container should have a total of 20 drops of essential oil). Pour melted beeswax mixture into containers and let set for 24 hours to harden. Apply directly to skin as needed.

For more essential oil inspiration visit: Blissedmama.com



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Ingredients: Organic coconut oil, organic olive oil, organic beeswax, doTERRA's rosemary, lavender, peppermint, & copaiba essential oils, & vitamin E.

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