

Miracle Salve Recipe

Soothes irritated skin, muscles, headaches & fevers

Ingredients:

- l cup Coconut Oil
- 5 Tbsp beeswax pastilles
- 40 drops doTERRA lavender essential oil
- 40 drops doTERRA rosemary essential oil
- 40 drops doTERRA peppermint essential oil
- 40 drop doTERRA copaiba essential oil
- Few drops of Vitamin E (optional)
- 8, 2oz. Containers

melted beeswax mixture into containers and let set for 24 hours to harden. Apply container (each container should have a total of 20 drops of essential oil). Pour frequently. Add Vitamin E (if using) and 5 drops of each essential oil to each 2oz directly to skin as needed. Directions: Slowly melt coconut oil, olive oil, & beeswax in a double boiler stirring

For more essential oil inspiration visit: Blissedmama.com



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- 1 cup Coconut Oil
- 1 cup Olive Oil
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