

Green Cleaning

The Importance Of Non-Toxic Cleaning

The labels on most household cleaning products do not disclose all the ingredients within the product, making it very difficult to know what is safe. Based on scientific studies, many of these chemicals are linked to serious health concerns.

doTERRA's cleaning and personal care products are made with clean, non-toxic ingredients that are safe, effective, and have a wide variety of health benefits. They build up immunity instead of tearing it down.

Recipes



All-Purpose Cleaner

Add 1 tbsp On Guard Concentrate to spray bottle. Add water & shake to mix. Optional: add your favorite smelling essential oils to change it up!



Window & Mirror Spray

Fill spray bottle with 1/4 c. vinegar and 1/4 c. rubbing alcohol. Add 20 drops Lemon. Top with water & shake to mix.



De-greaser Spray

Fill spray bottle with vinegar. Add 30 drops of Lemon & shake to mix. Spray on surface and let sit for 15-20 minutes before wiping clean.



Bathroom Refresher

Put 2 Tablespoons of Witch Hazel into spray bottle. Add 10 drops Purify and 10 drops Wild Orange. Top with water & shake to mix.



Produce Spray

Fill spray bottle half-way with vinegar. Add 10 drops OnGuard® and 10 drops Lemon. Top with water & shake to mix.



Wood Polish & Dusting Spray

Fill spray bottle with vinegar. Add 15 drops Arborvitae, 20 drops Wild Orange, and 1/4 c. olive oil. Shake to mix.



Linen Spray

Put 2 tbsp witch hazel into spray bottle. Add 10 drops Purify and 10 drops Lavender. Top with water & shake to mix.



Tub & Tile Spray

Fill spray bottle with vinegar. Add 4 tsp castile soap, 10 drops Eucalyptus & 10 drops Tea Tree. Shake to mix. Spray on surface and let sit for 15-20 minutes before wiping clean.

