



# LIVE MORE CONNECTED

BREAKFREE OF LIMITING BELIEFS & THRIVE IN LIMITLESS POTENTIAL

## THE WHISPER OF MORE: HOW TO HEAR, TRUST, AND FOLLOW YOUR INNER-CALLING

Hi there my friend!

If you're here, you've likely felt it too—the soft whisper, the subtle nudge, or perhaps the aching knowing that there's something more for you.

First, take a deep breath. You're not lost. You're not being irrational. And you're certainly not alone.

That whisper? That's your inner-calling. And it's not a random thought. It's an energetic truth, a soul message—asking to be seen, understood, and expressed.

I created this guide as a soulful companion to help you connect to that energy and begin honoring it in small, powerful ways. Let's begin.

### **Part One: Understanding the Energy of the Inner-Calling**

Your inner-calling is not a phase or a fantasy. It's a real, sacred frequency from your soul. When left unacknowledged, it builds tension in your body, your mind, and your life. Maybe it first showed up as a gentle whisper. Or maybe it landed like a bolt of lightning sudden, vivid, and impossible to ignore. Either way, it lingers because it wants to be known.

Journal Prompts:

- When have you felt a knowing that wouldn't go away?
- What parts of your life currently feel too small for your soul?
- What have you been afraid to name out loud?

## Part Two: Trusting Your Inner Voice

Your intuition is a companion on the journey to your calling. It doesn't need to be proven and wants to be partnered with.

Listening to it can be scary. Doubt will come. Fear will try to convince you that you need more time, more clarity, more validation. But your inner-voice has wisdom beyond all of that.

Journal Prompts:

- What has your intuition been whispering to you lately?
- What truth do you already know but have been afraid to act on?
- What would happen if you trusted your inner-knowing just a little more?

## Part Three: Taking Aligned Action

You don't need to overhaul your entire life to follow your calling. You just need to begin moving in the direction of truth. One aligned step at a time.

The energy of your calling is released through action—through momentum. Even the smallest step has the power to unlock insight, clarity, and possibility.

Journal Prompts:

- What is one small action you could take this week to honor your inner-calling?
- Who is someone you could talk to about your calling?
- What scares you about taking action—and what excites you about it?

***"There is no greater gift you can give or receive than to honor your calling. It's why you were born. And how you become most truly alive."  
- Oprah Winfrey***

## Final Thoughts

If no one has told you lately: You are worthy of listening to your soul. Your inner-calling isn't just about what you do, it's about who you become in the process of following it. So speak the truth. Share your whisper. Take one small, sacred step.

And if you need support, I'm here. I get it. I've been there. And I'd be honored to walk beside you.

With love and belief in you,  
Lynn

***"The things you are passionate about are not random,  
they are your calling." - Fabinne Fredrickson.***

## Let's Explore What's Calling You

If you're feeling the nudge for more but aren't sure what your next step is I'd love to support you. I offer a complimentary 30-minute Inner-Calling Clarity Session where we'll gently explore what you're sensing, what may be getting in the way, and how to begin moving forward with greater clarity and confidence. There's no pressure, just a safe, soulful space to be seen, heard, and supported.

If this speaks to you, click below to schedule your session. I can't wait to connect with you.

[SCHEDULE HERE](#)



## MEET THE AUTHOR



Hi, I'm Lynn, **Intuitive Energy Reader, Transformation Coach**, and Founder of **Live More Connected**.

I've walked many paths: from dental hygiene to massage therapy, from wellness consulting to soul-led coaching. Each path taught me that the most powerful wisdom isn't just known — it's felt.

I help individuals connect to the whisper of their inner-calling, that soul-level knowing that insists there's more. Together, we explore the space between where you are and where your soul is asking you to go. I guide you to take aligned steps with trust, clarity, and grace.

Here's what I bring to your journey:

- Soul-led insight: My intuitive mediumship supports you in seeing what your soul already knows, even when your mind can't name it yet.
- Real-life experience: I've lived through transitions, reinventions, and deep personal growth. I've followed my own calling again and again, and now I help others do the same.
- Grounded compassion: I know what it's like to feel the whisper for more and not know what to do with it. I'll meet you there and walk beside you.

Whether it's in a 1:1 session, an intuitive energy reading, or a sacred community circle, you'll be met with authentic support, spiritual connection, and encouragement to trust your own wisdom.

You're not here by accident. Your calling is real, your voice matters, and you are more ready than you realize.

I'd be honored to support you.  
Lynn