

DEVELOPING GOOD DAILY HABITS

	M	T	W	T	F	S	S
<i>Follow your puppy's daily routine.</i>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<i>Use your house training verbal cue word and take your puppy to the exact same area every time they need to relieve themselves.</i>	M <input type="checkbox"/>	T <input type="checkbox"/>	W <input type="checkbox"/>	T <input type="checkbox"/>	F <input type="checkbox"/>	S <input type="checkbox"/>	S <input type="checkbox"/>
<i>Feed your puppy 4 hours before you go to bed and take away their water 1-2 hours before you go to bed.</i>	M <input type="checkbox"/>	T <input type="checkbox"/>	W <input type="checkbox"/>	T <input type="checkbox"/>	F <input type="checkbox"/>	S <input type="checkbox"/>	S <input type="checkbox"/>
<i>Take away your puppy's food between meals and pick up bowls 10 minutes after you have placed them down; make a note of how much food, if any is left over.</i>	M <input type="checkbox"/>	T <input type="checkbox"/>	W <input type="checkbox"/>	T <input type="checkbox"/>	F <input type="checkbox"/>	S <input type="checkbox"/>	S <input type="checkbox"/>
<i>Feed your puppy the majority of their meals in their crate with the door open.</i>	M <input type="checkbox"/>	T <input type="checkbox"/>	W <input type="checkbox"/>	T <input type="checkbox"/>	F <input type="checkbox"/>	S <input type="checkbox"/>	S <input type="checkbox"/>
<i>Place your puppy in their crate, exercise pen, puppy room, or have them tethered to you with a leash anytime you can't actively supervise them.</i>	M <input type="checkbox"/>	T <input type="checkbox"/>	W <input type="checkbox"/>	T <input type="checkbox"/>	F <input type="checkbox"/>	S <input type="checkbox"/>	S <input type="checkbox"/>
<i>Place your puppy in their crate when they are tired or ready to sleep.</i>	M <input type="checkbox"/>	T <input type="checkbox"/>	W <input type="checkbox"/>	T <input type="checkbox"/>	F <input type="checkbox"/>	S <input type="checkbox"/>	S <input type="checkbox"/>
<i>Don't let your puppy out of their crate if they are whining or barking; wait for a quiet moment.</i>	M <input type="checkbox"/>	T <input type="checkbox"/>	W <input type="checkbox"/>	T <input type="checkbox"/>	F <input type="checkbox"/>	S <input type="checkbox"/>	S <input type="checkbox"/>
<i>Put your puppy in their crate, exercise pen, or puppy room for some alone time and refer to the isolation distress section for creating positive alone experiences.</i>	M <input type="checkbox"/>	T <input type="checkbox"/>	W <input type="checkbox"/>	T <input type="checkbox"/>	F <input type="checkbox"/>	S <input type="checkbox"/>	S <input type="checkbox"/>